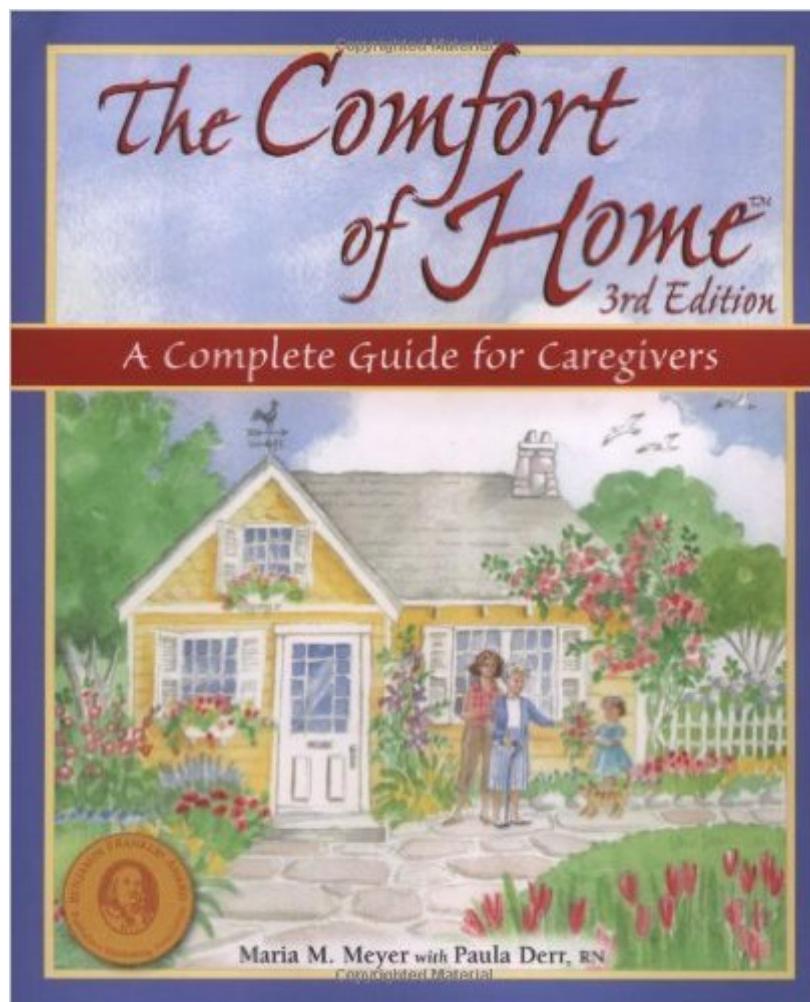


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# The Comfort Of Home: A Complete Guide For Caregivers



## **Synopsis**

Burnout &#x97; the complete drain of physical, spiritual, and emotional reserves &#x97; occurs when a caregiver slips into exhaustion or depression. More and more frequently, the responsibility of caring for the chronically ill child, the disabled spouse, or the aging parent falls on a family member. From the decision to be a caregiver to dealing with day-to-day activities, this guide provides help with every aspect of home care. Also included in this edition are a checklist of tasks, a chapter on self-care and avoiding caregiver burnout, a glossary, and list of helpful resources.

## **Book Information**

Series: The Comfort of Home

Paperback: 400 pages

Publisher: CareTrust Publications LLC; 3rd edition (January 25, 2007)

Language: English

ISBN-10: 0966476794

ISBN-13: 978-0966476798

Product Dimensions: 8.9 x 7.4 x 1 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.9 out of 5 starsÂ  [See all reviewsÂ](#) (10 customer reviews)

Best Sellers Rank: #1,062,270 in Books (See Top 100 in Books) #92 inÂ  Books > Medical Books > Medicine > Home Care #146 inÂ  Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #502 inÂ  Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease

## **Customer Reviews**

The Midwest Book Review (April 2007) writes: Now in a newly and substantially revised and expanded third edition, "The Comfort of Home: A Complete Guide For Caregivers" continues to earn its reputation as the 'bible' for providing home caregivers to aged, ill or handicapped loved ones with a thoroughly 'user friendly' illustrated guide that covers everything necessary from daily living tasks to preparations for hospice care, to making funeral arrangements. This is a complete and superbly organized, 216-page, comprehensive 'how to manual that will help the caregiver to develop their skills, expertise, and confidence, which will in turn enhance their peace of mind with respect to the quality of life for the person they are caring for. [Vogel's Bookshelf - The Midwest Book Review, April 2007]

As a wife and caregiver of a husband with dementia, My ultimate goal is to continue caring for him here in our home rather than in a care center if at all possible. I've found this book to be full of many practical ideas, advice, and instructions on so many aspects of caring for your loved one at home, many of which I had never considered. It also includes tips on how to modify your home to make life simpler and easier for handicapped access, toiling, eating, sleeping, etc. Many other books have dealt with the emotional aspects (and this one does too) but what I really was looking for was HOW to do it. This book is it. It's one of the 'keepers' in my library of his illness-related books.

This book is very useful and user friendly. Filled with a wealth of information. I would highly recommend to someone who has an elderly parent. It gives important info for where to go for help and how to plan.

what can you do to help? Many of us need to care for our elderly parents, and this book will help you think of some of the questions to discuss before making that move. Other opportunities may just drop in our laps where we might end up caring for an elderly person. It is important to keep them moving and doing for themselves, and even though it takes them longer to do it for themselves it is important to let them have that independence. I like the comfort of purchasing on . I know I can count on them for excellent service and I have never been let down. Sometimes it is necessary to make a return of an item and I like the flawless way that returns can be handled on . They are without a doubt the very first à œgo-toâ • whenever I want to make a purchase. Whether it is a book, or something for my home or office, or an item of clothing I always check for availability on first. When I want to get a gift item and have it delivered directly to the home of the recipient it is truly awesome! I also find it exceptionally helpful when I want to buy multiples of a specific item as I can usually find what I want from one source or from multiple sources. Thanks for making it so easy to purchase whatever I want, whenever I want! I love to shop from my computer or even from my phone, or even in my pjâ™s!

This book is very helpful if you are considering just what is involved in caring for a loved one at home. Everything is set out in plain terms, extremely well illustrated and is quite comprehensive. While it is a softback it is well laid out and has an easy to use format. A good choice for those with older parents who may need help in decision making.

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